May 2025 Site Bulletin	
Coudersport	Galeton
	The Galeton Senior Center has <u>Grab and Go Meals</u> available at the <u>FORMER</u> Mae's Kountry Griddle, 71 Germania St. Galeton, Pa. 16922
05/01 – Card Games	Wednesdays, Thursdays, and Fridays. Between 11 am and Noon - Only
05/02 – Card Games	You have to reserve your meal by 1:00 pm the day before
05/07 – Card Games	Reserving meals for Wednesday's Need to be made on the
05/08 – Mapleview Goldenagers Monthly Meeting 10:30 am /Game of Choice	Friday's before 1pm
05/09 – Card Games	For reservations call the GALETON SENIOR CENTER at 814-433-2390
05/14 – Game of Choice	
05/15 – Card Games	
05/16 – Card Games	
05/21 – Game of Choice	
05/22 – Card Games	
05/23 – Game of Choice / Bytes & Insights Technical Support Workshop 1-2 pm	
05/28 – Blood Pressure and Medication Checks	
05/29 – Game of Choice	
05/30 – Card Games	
**SPECIAL EVENTS:  Health & Wellness – Exercise Handout "9 Essential Chair Exercises for Seniors"  Nutrition – Handout "Healthy Eating for Older Adults"  Bytes & Insights – Must register or use sign-up sheet.  *** FUNDRAISER: May 5 <sup>th</sup> 11am-1pm  Pulled Pork BBQ Sandwich w/ Chips & Drink for \$7.00  Bake Sale, Raffle, 50/50 Raffle ***	
A Big Coudersport Happy Birthday to: All Celebrators	A Big Galeton Happy Birthday to: All Celebrators

May 2025 Site Bulletin	
Oswayo Valley – COFFEE'S UP - 9:30 AM – EVERYONE IS WELCOME	Ulysses – COMPUTER HELP WITH JERRY
05/05 – Exercise & Kentucky Derby Parade / Card Sharks	05/05 – Computer Help with Jerry / Exercise & Games
05/06 – Honor Nurse Caren Austin 11:30 am / Game Day	05/06 – Crafts with Charlotte
05/07 – BINGO! / Community BINGO at 5 pm	05/07 – <b>Bingo!</b>
05/12 – Exercise / Card Sharks	05/12 – Computer Help with Jerry / Exercise & Games
05/13 – Noah Jordan, P.T. / Craft Day 10am / Exercise Techniques 11:30 am	05/13 – Crafts with Charlotte
05/14 - BINGO!	05/14 – <b>Bingo!</b> / Bytes & Insights 1:00 – 2:00pm
05/19 – Outdoor Party for Lunch (weather permitting) Music, Games & Prizes	05/19 – Computer Help with Jerry / Exercise & Games
05/20 – Healing Waters Parad1 pm & Program at School / Trivia Tuesday	05/20 – Crafts with Charlotte
05/21 – BINGO! / Community Bingo 5pm / Flag Ceremony	05/21 – <b>Bingo!</b>
05/26 – Memorial Day – CENTER CLOSED	05/26 - Memorial Day - CENTER CLOSED
05/27 – Trivia Tuesday / Game Day / Craft Day	05/27 – Crafts with Charlotte
05/28 – BINGO! / Bake & Soup Sale	05/28 - <b>Bingo!</b>
**SPECIAL EVENTS:  May 3 — Maple Festival Parade in Coudersport OV Drill Team  May 5 — Kentucky Derby Day  May 5 — Concession Stand at Oswayo Valley High School  May 7 & 21 — Community BINGO at 5pm  May 19 — Kickin' Off Summer Party / Dish to Pass  May 20 — Healing Waters Vets Parade & OV High School Program  May 21 — Place Flags in Memory of Our Veterans	
A Big OV Happy Birthday to: All Celebrators	A Big Ulysses Happy Birthday to: All Celebrators