

POTTER COUNTY

REENTRY HANDBOOK

Spanning the Boundaries



Potter County Re-Entry Program

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For You

If you have this booklet in your hand, chances are that some of the ways that you have constructed your lifestyle have not worked to your satisfaction. There are probably parts missing to your plan. This is not to say that you haven't tried. What it does mean is that your plan has not worked as well as you had hoped.

Re-Entry plans are not the same as a Re-Entry Petition. A petition is a document that you work out with your legal representative and the Court. Of course you may discuss your re-entry plan with the legal system and collect good advice and directions. They may even require that you have a plan in place before taking any action on your petition.

Re-Entry planning is a way for you to measure a new route in life before taking the first step into that new plan. Being honest with yourself and the Re-Entry specialist is one of the better ways to map out the new plan. There are other ways for sure, but wishful thinking is not one of them. It does not work in these situations. An evidence based approach is what is needed for a workable plan.

An evidence based approach works only if you work at it. There is nothing magical about it. The approach will require resources that you have not effectively worked with yet. It will require a level of commitment that may be unfamiliar to you. It will be one of the most difficult things that you have ever done.

Many people tire in the early stages of their new plan. They reoffend instead of reapplying themselves to a new way of living. They continue to hang around old places, doing the same old things, with the same old acquaintances. They seem surprised when they get the same old results. They do not want to admit that, in and of themselves, they cannot pull life together.

You no longer have to be that person.

This basic chart can help you to decide how many interventions or services you will need to start your new plan. This chart is only a summary. This listing, however, are the primary supports that many individual have difficulty in juggling as they restart their new life. You may need other supports as your plan progresses.

<i>Needed Documents</i>	Yes	No	<i>Needed Services</i>	Yes	No
Social Security Card			Drug and Alcohol Treatment		
Birth Certificate			Mental Health Treatment		
Picture / Drivers ID			Medicaid		
Veteran ID			SSI		
DD 214 Form			Food Stamps		
HS diploma/GED certificate			Veteran services		
**			Public Asst. /Energy Asst.		
			Clothing		
			MATP/ ATA		
			Physical Health		
			Medications		
**Documents may require a fee, other supporting documents, and an address.			Housing		

The Potter County Re-Entry Program Concept

More than 95 percent of county jail inmates will eventually return to the community. If mental health and substance abuse issues remain untreated, they are very likely to cycle back into the system through the county jail, again and again.

Statistics suggest that as many as 65 percent of Pennsylvania's county jail inmates have a substance abuse disorder. In addition, 10 to 30 percent suffer from mental illness, and up to 14 percent have serious mental illness. The growing opioid epidemic continues to exacerbate the issue.

Caring for the damaged and weak in our communities simply is the right thing to do and has permanent positive effects on the lives of everyone touched by those who overcome mental illness and dependency on drugs.

A more effective use of our limited resources is to safely provide treatment and support to those with mental health and substance abuse issues to enhance the possibility of them becoming productive members of society, sustaining families, building safer communities, and reducing the rate of recidivism.

Re-Entry Program Goal

The concept of the re-entry program hinges upon providing individuals within the criminal justice system who suffer from mental health issues and substance abuse problems re-entry services to include: housing, education, life skills, employment, etc., while they are being incarcerated in the Potter County Jail, NW9 Forensic Facility and Women's Center or being released from incarceration of some form and locating to Potter County. This service will continue to monitor the individual for six months to a year after release.

Forensic Re-Entry Program Path

The individual, in conjunction with the case manager and service providers, will begin treatment to meet the individual's needs and to aid their understanding and actualization from starting a change process toward maintenance of those changes.



Sources: Grimley 1997 (75) and Prochaska 1992 (148)

Re-Entry Planning

Phase One: Residential Phase

1. Individual Programming: The Forensic Re-Entry Specialist will complete an assessment to determine the risk of the individual, assess the current and future needs, and build on the person's strengths.
2. Handbook: Each individual will be provided with the Potter County Re-Entry Handbook. The individual will work with the case manager to complete the required information and begin preparing them for release.

Phase Two: Transitional Phase.

This phase is usually initiated after sentencing, within 40 days of release, or reviewed as a result of a probation/parole violation that has led to incarceration.

1. Individual Release Preparation and Re-entry Plan: Develop strong, public safety-conscious release plans that establish task orientation during the time spans of the first 24 hours of release, the first week after release, and the first month of the plan.
2. Revised Re-entry Planning: Conducted at the periodicity of 30, 60, and 90 days; 6 and 9 months after Re-entry into the community

Phase Three: Community Phase.

This phase is a seamless progression of action steps established from phase one through phase two. This will include several sessions during the first 60 days, as well as monitoring the coordination of services as established in the re-entry/revised re-entry plan.

RESOURCES

There is rarely a resource list produced that has every possibility. Following is a regional list. Additional resources can be sought through the list of providers that follows.

HOUSING SERVICES

Make no mistake, finding affordable housing options will sometimes be difficult. That availability sometimes decreases based on the nature of an individual's legal standing or past charges. Each provider has a set of qualifications that are specific to the services that they provide.

The use of family, friends, and other associates may be the fastest way of finding a place to live. In some cases this may need preapproval by legal entities. Some may feel desperate while searching for housing, but remember: a poor choice of housing may lead individuals back into behaviors and situations that should be avoided.

Northern Tier Community Action Corporation Potter County Homeless Prevention Program (PCHPP)

James Line

Emporium, PA 15834

Phone: 814-486-1161

Fax: 814-486-0825

Email : James.Line@NTCAC.org

- Rental assistance
- Security and utility deposits
- Housing relocation and stabilization services

Potter County Assistance Office

Coudersport, PA 16915

Phone: (814)274-4900

- Emergency Shelter Allowance (ESA)

Potter County Coordinated Services

Kara Amidon, B.A.; Director

Roulette, PA 16746

Phone: (814) 544-7315 OR 1- 800-800-2560

Fax: (814) 544-9062

- Emergency shelter/fema grants
- HAP (homeless assistance program)

Potter County Mental Health Program

Director: Bryonna Swede, LSW, LBS

Roulette, PA 16746

Phone: (814) 544-7315 or (800) 800-2560

Fax: (814) 544-9062

- Transitional living program
- Homeless assistance
- ACLU funds
- Contingency funds

HOUSING SERVICES(continued)

Potter County Housing Authority

Coudersport, PA 16915

Phone: (814)274-7031

Fax: (814)274-0738

Email: pchahud@zitomedia.net

- For General Questions: John A. Wright pcha@zitomedia.net
- Financial, Accounting Questions: Richard Duzick pchal@zitomedia.net
- Section 8 questions: Shannon Housler pchahv@zitomedia.net
- Family/elderly/disabled housing questions: Dawn Gee pchadgee@zitomedia.net

DRUG AND ALCOHOL SERVICES

Alcohol and Drug Abuse Services, Inc.

Coudersport, PA 16915

Phone: (814) 274-9745

Fax: (814)274-8763

- Drug/Alcohol Individual and Group Counseling
- Substance Abuse Evaluation
- Recovery Support Services (CRS)
- Family counseling
- Gambling Treatment
- Co-Occurring Services

Crossroads Counseling

Wellsboro, PA 16901

Phone: (570)-948-9111

Fax: (570)948-9161

- Drug/Alcohol Individual and Group Counseling
- Substance Abuse Evaluation
- Co-Occurring Services
- Marital Relationship Counseling
- Adolescent Services
- Gambling Treatment
- DOT Substance Abuse Professional Evaluations
- Substance Abuse Partial Hospitalization (PHP)
- Recovery Support Services (CRS)
- Community-Based Drug and Alcohol Treatment (CDBA)

Harbor Counseling

Wellsboro, PA 16901

Phone: (570)724-5272

Email: harbor12@ptd.net

- Drug treatment
- Alcohol treatment
- Individual treatment
- Family counseling
- Co-Occurring Services
- Recovery Support Services (CRS)

DRUG AND ALCOHOL SERVICES (continued)

Potter County Drug and Alcohol Program

D&A Case Management Specialist: Crystal Thomas, MS, CADC, CCSM

Roulette, PA 16746

Phone: (814) 544-7315 OR 1-800-800-2560

Fax: (814) 544-9062

The Drug and Alcohol Case Management Specialist can complete an assessment to determine eligibility of D&A services and assist you in service planning. Referrals for case coordination services may come from an outside source or you may call and ask for these services.

If you are in need of drug and alcohol treatment upon release from jail please put in a request asking to see Crystal Thomas, D&A Case Management Specialist.

MENTAL HEALTH SERVICES

Mental Health Crisis Hotline (24 hour) 1-877-724-7124

Mental Health Crisis Hotline (Business Hours) 814-274-8729

If ongoing medication management or general mental health services will be needed, it is recommended to get an appointment with a psychiatrist as soon as possible. That waiting list can be as long as 2 months. Don't be put off by the long wait—Make the appointment! This may also mean that an individual will need to meet with a mental health therapist to get the appointment with a psychiatrist.

After that, an individual's own doctor or PCP (primary care physician) could supply needed medications during the wait period. Without the appointment with the psychiatrist, an individual's doctor will probably decline to refill an ongoing prescription. Make the appointments and show up! Missed appointments can add up delays of weeks or even months. Mental Health professionals are not sitting around waiting for potential clients; their schedules are packed.

Beacon Light

Bradford, PA 16701

Phone: (814)362-5254

- Mobile Medication Management

CenClear

St Marys, PA 15857

Phone: (814) 834-9283

- Mobile Psych-Rehab
- Family based mental health services

Concern Counseling Services

Wellsboro, PA 16901

Phone: (570) 724-7142

Fax: (570) 724-6771

- Family based mental health services
- Crisis Provider

MENTAL HEALTH SERVICES(continued)

Crossroads Counseling

Wellsboro, PA 16901

Phone: (570)948-9111

Fax: (570)948-9161

- Mental Health Individual and Group Counseling
- Co-Occurring Services
- Anger Management
- Batterers Intervention Program (MAAP)
- Marital Relationship Counseling
- Adolescent Services
- Psychiatric Services
- Gambling Treatment
- Behavioral Health Rehabilitation Services (BHRS)

Dickinson Center Inc.

Potter County Operations Director: Whitney Thomas, LPC/CPRP

Coudersport, PA 16915

Phone: (814)-274-0977

Fax: (814)-274-0979

- Drop In Center
- Outpatient Therapy/Trauma Therapy
- Peer Support
- Family based mental health services
- Psych-Rehab (PRIDE)
- TelePsychiatric Services/Medication Management

Harbor Counseling

Wellsboro, PA 16901

Phone: (570)724-5272

Email: harbor12@ptd.net

- Family counseling
- Marriage and couples counseling
- Individual counseling
- Depression/anxiety
- Domestic violence

Merakey

State College, PA 16801

Phone: (814)237-2870

- Dual Diagnosis Treatment Team – (DDTT)

MENTAL HEALTH SERVICES(continued)

Potter County Mental Health Program

Director: Bryonna Swede, LSW, LBS

Roulette, PA 16746

Phone: (814) 544-7315 or (800) 800-2560

Fax: (814) 544-9062

- Blended Case Management (BCM)
- Forensic Re-entry Specialist

The Guidance Center: Michael Brewer, CRNP

Coudersport, PA 16915

Phone: (814) 274-7011

- Outpatient Therapy/Trauma Therapy
- Psychiatric Services/Medication Management
- Project RAPPORT
- Family based mental health services

UPMC – Cole

Coudersport, PA 16915

Phone: (814)-274-9300

- Outpatient Therapy – in rural health centers and at the hospital
- TelePsychiatric Services/Medication Management

DOMESTIC VIOLENCE SERVICES

“Wife battering” seems to be the stereotype that most people associate with domestic violence. While that can be a part of the violence, domestic violence can be much deeper than that and touch both men and women from an early age through later years. Past or present abuse situations, emotional strain within the family, emergency shelter needs, ongoing support after abuse situations have ended.....etc., all point to the needed support that can end the cycle of abuse.

A Way Out

P.O. Box 447

Coudersport, PA 16915

24 Hour Help Line:(814) 274-0240

Toll Free:(877)334-3136

- Parenting
- Groups

Project Point of Light

Clearfield, PA 16830

Phone: (814)205-4004

Fax: (814)205-4013

- Treatment program for adult and adolescent sexual offenders

EDUCATION

In today’s society, employment options are closely linked to levels of education. Even if an individual is applying for a job that has no apparent educational requirement, that individual will be selected ahead of another person that has less educational standing.

Potter County Education Council

<http://www.pottercountyedcouncil.org>

Coudersport Office

Phone: (814)274-4877

Fax: (814)274-4887

PA CareerLink

Potter County

Coudersport Office

Phone: (814)274-9330

Fax: (814)274-7651

- Skill enhancement
- Professional development
- GED classes
- GED test sight

VETERAN'S SERVICES

Potter County VA representative Cpt. Michael Pepper
Phone: (814)274-8290 Ext. 210

Bath VA Clinic- Coudersport Satellite
Phone: (814)260-9342

EMPLOYMENT

The PA CareerLink Potter County houses five employment and training agencies.

There are employer hiring incentives for veterans, persons with criminal backgrounds and low-income. The public may access services online or at their local CareerLink in PA. Website: <https://www.jobgateway.pa.gov>

PA CareerLink
Potter County
Coudersport Office
Housed agencies:

- ATF (Adult Training Facility)
Phone: (814)260-0125
- Office of Vocational Rehabilitation
Phone: (570)327-3600
- Potter County Career Link (Labor Exchange)
Phone: (814)274-9330

FINANCIAL ASSISTANCE

Potter County Assistance DPW Office
269 Route 6 West, Room 1
Coudersport, PA, 16915
814-274-4900

Supplemental Nutrition Assistance Program, formally known as food stamps.

SNAP is accessible to nearly everyone with limited income, even if you currently have a job. If you are unable to provide for the basic food needs of yourself or your family you can apply for food stamps.

This department serves low-income Pennsylvanians through cash assistance programs such as Temporary Assistance to Needy Families. Through TANF, struggling families are provided assistance to help them find work and achieve self-sufficiency and independence. The help is available if you are a family in need.

Social Security Administration
1618 W State St
Olean, NY 14760
Phone: (887)319-5773
Toll Free National Phone: (800)772-1213

FOOD BANKS

McKayla Cochran, BSW; Coordinated Services

Potter County Human Services-Area Food Banks- in conjunction with area churches

Phone: (814)544-7315 or 1-800-800-2560

Fax: (814) 544-9062

Austin

Methodist Church

Turner Street

Austin, PA 16720

3rd Wednesday of every month, 12:30-1:30

Dawn Bacon **(814) 647-8947**

Coudersport

Christian & Missionary Alliance Church

Alliance Avenue

Coudersport, PA 16915

4th Thursday 5:30-7:00 pm

3rd Friday of every month, 10:00-11:00

**** Open Tue & Thu 10:30-1:30 / For Emergency Use Only**

Harry Sickler **(814) 274-0793**

Galeton

St Paul Lutheran Church

Galeton, PA 16922

4th Friday of every month, 10:00-11:00

Cora Roth **(814) 435-2471**

Shinglehouse

Methodist Church

Shinglehouse, PA 16748

4th Saturday of every month, 9:00-10:00

Brenda West **(814) 698-2144**

Ulysses

Zion Christian Assembly

835 State Route 49

Ulysses, PA 16948

4th Thursday of every month, 10:00-11:00

Judith Empson **(814) 848-7407**

Roulette

Roulette Fire Hall

River Street

To be announced every month

Janie Weeks **(814) 544-7365**

Goal: To provide food to those individuals and families who lack sufficient food for various unforeseen or uncontrollable reasons.

Services: Provides one grocery size bag of dry foods and canned goods per month per household.

CLOTHING

Christmas House

Phone: (814) 274-0825

Goodwill Industries

Phone: (814)-274-3292

Maternity Closet

Phone: (814)274-8646

Harrison Valley Community Center

Phone: (814)334-5425

LEGAL SYSTEMS

Lawyers Referral Services

Phone: (800)692-7375

PA State Parole

Williamsport, PA 17701

Phone: (570)327-3575

Potter County Jail

Coudersport, PA 16915

Phone (814)274-9730

Potter County Probation

Coudersport, PA 16915

Phone (814)274-8791

Potter County Public Defender

Coudersport, PA 16915

Phone (814)274-8288

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