
BEHAVIORAL HEALTH SERVICES FOR CHILDREN AND ADOLESCENTS IN THE POTTER COUNTY SERVICES AREA

Beacon Light Behavioral Health Systems

Bradford PA: (814) 817-1400

- ✚ Multi-Systemic Therapy (MST)- Must be between the ages of 12-17 ½ to be referred.
- ✚ Beacon Light STAR Program- Short Term Adolescent Recovery Program (RTF)
- ✚ Beacon Light STRIDE Program- Autism/ID Residential Program.

CenClear Child Services

Coudersport PA: (800)-525-5437

- ✚ Family Based Mental Health (FBMH)

Concern Behavioral Health Services: Serves the Eastern Half of Potter County

Wellsboro: (570) 724-7142, Mansfield (570) 662-7600

- ✚ Family Based Mental Health (FBMH)
- ✚ Intensive Behavioral Health Services (IBHS)
- ✚ Outpatient Services Coudersport, Mansfield, and Wellsboro.
- ✚ Partial Hospitalization Program (PHP)- Adolescent site located at Ekland PA- Children's site is located in Mansfield PA.
- ✚ Psychiatric and Tele-Psychiatric Services/ Medication Management- this is offered in Mansfield, PA office.

Diakon Family Life Services

Williamsport PA: 877-342-5667

- ✚ Specialized in Home Treatment Services (SPIN)- for youth 8- 18 years of age.

Dickinson Center, Inc

Coudersport PA: 814-274-8651

- ✚ Family Based Mental Health (FBMH)
- ✚ Intensive Outpatient Program (IOP)
- ✚ Mental Health Specialist- Provided within each School building where available.
- ✚ Outpatient Therapy/ Trauma Therapy
- ✚ Tele-Psychiatric Services/ Medication Management

- ✚ Autism Services

Merakey

Dubois PA, 814-371-3763

- ✚ Dual Diagnosis Treatment Team (DDTT) – 16 and older (MH/ID)
- ✚ Therapeutic Foster Care

Potter County Crisis Services

- ✚ Call Crisis at 1-866-957-3224 or dial 988
- ✚ You can also TEXT: #63288
- ✚ chat at ccrinfo.org

Potter county Human Services Department of Children Youth and Services

Roulette PA, 814-544-7315

- ✚ Family Group Decision Making
- ✚ Case Management
- ✚ Family Engagement Initiative (FEI)
- ✚ Intensive Case Management.

Potter County Human Services department of Mental Health

Roulette PA, 814-544-7315

- ✚ Child and Adolescent Service Systems Program (CASSP)
- ✚ SAP Liaison
- ✚ Blended Case Management

Sagewood, Inc

Port Allegany PA 814-642-7045

- ✚ Intensive Behavioral Health Services (IBHS)
- ✚ Psychological Evaluations for Children.

The Guicance Center

Bradford PA: 814-362-6535

- ✚ Outpatient Therapy/Trauma Therapy.
- ✚ Parents as Teachers (PAT)

- ✚ Psychiatric / Medication Management
- ✚ Project Rapport

UPMC Cole

Coudersport PA 814-274-9300

- ✚ Outpatient Therapy
- ✚ Tele-Psychiatric Services and Medication Management

Definitions of Services Available:

Blended Case management (BCM): BCM Staff link clients to appropriate Mental health services, assist with obtaining support in the community and within the natural environment. They develop treatment plans with direct consumer participation that are individualized to meet their needs. BCM Staff are 24 hour on-call crisis support to assist with crisis intervention when needed.

Child and Adolescent Service System Program (CASSP): A comprehensive system of care for children/adolescents and their families who are struggling and need supportive services in the home and community. CASSP provides the family a supportive space to be linked with service providers who can help them address mental health needs, substance use needs, and provides the gateway for kids to obtain mental health services.

Dual Diagnosis Treatment Team (DDTT): A specialized mobile team of professionals including a Psychiatrist, a Behavioral Specialty, Recovery Coordinator, a Nurse, and a pharmacist, providing treatment, support, and education for individuals in the community age 16 and over with a mental illness and co-morbidity development disability. Individuals referred to DDTT are in crisis, at risk of losing community tenure, and/or transitioning from acute care hospitalization.

Family Based Mental Health (FBMH): is an intensive, non-traditional therapeutic program that meets the needs of the family system. Services are provided for roughly an 8-month treatment period. This service period can be lengthened or shortened depending on the needs of the family. The main goal of this service is to keep families together and prevent children from being placed outside of the home. FBMH programs often use a strengths-based model that involves a team of clinicians working with families to improve their resilience and recovery. The focus is on building support within the family and the clinicians are trained to work with families who have experienced trauma.

Intensive Behavioral Health Services (IBHS): The IBHS model focuses on skill development to support emotional and behavioral issues for children birth to 21 years of age through a child-centered, strengths-based approach. Services are provided in the home, school, and/ or community settings as deemed necessary by the child's treatment team. There are three services offered within IBHS; Applied Behavioral Analysis, Individual, and Group services. Services

provided are by one of the following professionals: Behavior Consultant (BC), Mobile Therapist (MT), and Behavioral Health Technician.

Intensive Outpatient Program (IOP): The IOP is an educational setting that provides an intensive mental health component that includes group, individual, and family therapy components along with psychiatric services. The program partners with Seneca Highlands IU9 to provide an emotional/Learning support setting where children and adolescents can attend to get their schooling and mental health needs met.

Multisystemic Therapy (MST): MST is an ecological evidence-based, intensive family and community-based program that helps young people ages 12–17 with high-risk problem behaviors. MST's goal is to help young people change how they function in their natural settings to promote positive social behaviors and decrease anti-social maladaptive behaviors. MST can help prevent youth from being removed from home unnecessarily, help them stay in school, and improve their peer and family relations. MST works with families to use family strengths to promote positive coping activities, reinforce positive behaviors and reduce negative behaviors. The goal is to teach caregivers to increase accountability and problem-solving behaviors. MST also works with the systems that impact the young person's behavior, such as extended family members, peers, groups, schools, and community groups.

Partial Hospitalization Program (PHP): Partial Hospitalization Services provide three hours of mental health treatment programming per day in the form of group, individual, and family therapy, as well as psychiatric and psychological services to clients in grades kindergarten through twelfth. The educational component of the program is provided by the local school district, and CONCERN Counseling Services provides the mental health treatment component.

Student Assistance Program (SAP): Student Assistance Programs provide education, prevention, early identification, intervention, referral, and support groups for students. They foster risk reduction and positive asset development and work to provide a safe, alcohol and drug-free environment. The goal of SAP is to identify students who may need additional supports in the school setting and offer those supports. The SAP team will regularly follow up with students to determine if the additional supportive services are helpful. If necessary, the student may be referred to the SAP Liaison for further assessment/evaluation for outside or more intensive services.

SAP Liaison: The SAP Liaison acts as a consultant with the school district and the SAP Core Team, which includes trained administrators, teachers, and guidance counselors. The SAP Liaison also consults with school personnel and parents in their area of expertise, such as behavioral health, substance abuse, and barriers to learning. The SAP Liaison conducts screenings and assessments of students who may have academic, behavioral, or personal difficulties. When needed, the Liaison coordinates recommended services to identified students, such as referrals to in-school or community agencies, or suggestions for community services like case management or parent mentoring programs. The SAP Liaison follows-up with students, their families, and SAP Teams.

Tele-Psychiatric Services/Medication Management: Clients see a psychiatrist through virtual communication to receive evaluations and medication management to assist with mental health symptomology.