










Coudersport	Galeton
10/01 – Corn Hole Game / Set-up for Town-wide Falling Leaves Festival	10/01 – Center Nutrition: ‘Food for Improved Gut Health’
10/02 – Saturday - Falling Leaves Festival 9 am until 4 pm	10/02 – Saturday Go have fun at the Falling Leaves Festival 9 am - 4 pm
10/05 – Tuesday – Lunch at Sprague’s at 11 am	
10/06 – Skip-Bo	10/06 – I&R / Puzzles
10/07 – Bingo	10/07 – Card Games
10/08 – Chair Exercise	10/08 – Chair Yoga 11 am
<p>10/13 – COUNTY-WIDE AT ULYSSES FIREHALL – “HEE-HAW”</p> 	
10/14 – Manipulation	10/14 – Dominos
10/15 – Walking Club / Dominoes	10/15 – Chair Yoga 11 am
10/20 – Snacks / Bingo with United Health Care Representative at 11 am	10/20 – Dirty Bingo 11 am
10/21 – Making Crafts with Chris	10/21 – LCR
10/22 – Walking Club / Word Games / I&R “Donations for Food Bank” / Nutrition / Center Nutrition “Ginger-Pumpkin Bisque”	10/22 – Chair Yoga 11 am
10/27 – Exercise with Bands and Weights	10/27 – Monthly Meeting 11 am
10/28 – Making Crafts for Crafts Show	10/28 – LCR
10/29 – Walking Club / Blood Pressure / Med Checks/ Halloween “Dress Up” Party	10/29 –Halloween Party! – Wear your Costume!
<p>10/31 – “Happy Halloween”</p> 	
 <p>All October Celebrators</p>	 <p>All October Celebrators</p>



Oswayo Valley – COFFEE'S UP - 9:30 AM – EVERYONE IS WELCOME		Ulysses – COMPUTER HELP WITH JERRY	
10/04 – Walking Club – ‘Get Your Sneakers on’ / Crafts with Caren	10/04 – Wii / Exercise with Donna	10/05 – Cards / I&R / Club Meeting	10/05 Wii / Crafts with Charlotte
10/06 – Regular Bingo	10/06 – Grand Canyon Trip / Perma Stone for Lunch	10/11 – Walking Club – ‘Get Your Sneakers on’ / Crafts with Caren	10/11 – Wii / Exercise with Donna / I&R
10/12 – “Let’s Talk Cider” Center Nutrition / Cards / Massages	10/12 – Wii / Crafts with Charlotte	10/13 – COUNTY-WIDE AT ULYSSES FIREHALL – “HEE-HAW” 	
10/18 – Walking Club	10/18 – Wii / Exercise with Donna	10/19 – Cards / ‘Honoring Pastors’	10/19 – Wii / Crafts with Charlotte
10/20 – Bingo Bling / Computer Class	10/20 – Bingo	10/25 – Walking Club / Crafts with Caren	10/25 – Wii / Exercise with Donna
10/26 – Cards / Blood Pressure Checks with Juanita / Pastor Appreciation Day	10/26 – Wii / Crafts with Charlotte	10/27 – OV School 5:45 pm / Halloween Bingo and Party	10/27 – Bingo / Halloween Party
10/31 – “Happy Halloween” 			
**UPCOMING EVENTS at OV Center: October 6 th United Methodist Church - Harvest Supper 4 to 6 pm October 8 th and 9 th – Halloween Costume Sale / Yard Sale & Bake Sale October 12 th – Massages October 16 th – Wine Walk - 4 pm until 6 pm October 27 th – OV High School 5:45 pm – Volleyball		 <div style="display: flex; justify-content: space-around; margin-top: 20px;"> <div style="border: 1px solid purple; padding: 10px; text-align: center;"> Oswayo Valley: All October Celebrators </div> <div style="border: 1px solid green; padding: 10px; text-align: center;"> Ulysses: All October Celebrators </div> </div>	