

## November 2021 – MENU

### Potter County Human Services – Area Agency on Aging Menu Subject to Change – Suggested Donation \$3.00

Mon	Tue	Wed	Thu	Fri
<b>1</b> Chicken Bruschetta Pesto Pasta -- Mixed Greens Salad with Dressing Island Blend Vegetables Dinner Roll Angel Food w/Berries & Topping	<b>2</b> Roasted Pork with Dijon Mushroom Sauce Vegetable Rice Pilaf Green Beans – Wheat Bread Pineapple Tidbits <b>Election Day</b>	<b>3</b> Pot Roast with Gravy Mashed Potatoes Coin Carrots Italian Bread Cookies	<b>4</b> Spaghetti & Meatballs Pasta with Sauce Tossed Salad with Dressing Garlic Breadstick Mixed Fruit Salad	<b>5</b> Chicken and Biscuits Mashed Potatoes Peas & Carrots Cinnamon Applesauce
<b>8</b> BBQ Chicken Thigh Bowtie Pasta Tossed Salad Wheat Bread --- Sliced Apples	<b>9</b> Hot Dog on a Bun – Sauerkraut Cheesy Potatoes Fresh Melon	<b>10</b> Baked Cabbage Roll with Tomato Sauce Garlic Whipped Potatoes Carrots Dinner Roll – Blushed Pears Birthday Cake	  <b>All Centers Closed</b>	<b>12</b> Tuna Noodle Casserole Peas and Carrots Wheat Bread Pineapple & Cherries
<b>15</b> Roasted Pork with Apples Whipped Potatoes with Chives Mixed Vegetables Mini Biscuit with Apple Butter Banana	<b>16</b> Roast Beef and Dumplings Creamy Coleslaw Buttermilk Biscuit Cinnamon Applesauce	<b>17 <u>Thanksgiving Dinner</u></b> Roasted Turkey with Gravy Stuffing / Whipped Potatoes Mixed Vegetables – Dinner Roll Cranberry Jell-O Dessert Pumpkin Pie with Whipped Topping	<b>18</b> Crab Cake Slider Parmesan Noodles Baked Beans Dinner Roll Mandarin Oranges	<b>19</b> Baked Ham Slice with Fruit Sauce – Sweet Potatoes Coin Carrots Wheat Bread Sliced Pears
<b>22</b> Taco Salad with Nacho Chips Spanish Rice Corn and Black Bean Salad Pineapple Delight	<b>23</b> Lasagna with Meat Sauce and Mozzarella Topping Tossed Salad with Cucumber and Dressing Breadstick Sliced Pears	<b>24</b> Stuffed Pepper with Tomato Sauce Garlic Whipped Potatoes Coin Carrots -- White Bread Diced Peaches	  <b>Centers Closed</b>	<b>26</b> <b>Centers Closed</b> <b>Have Fun -</b> <b>Shop 'til you Drop!</b>
<b>29</b> Baked Meatloaf with Gravy Baked Potato with Margarine Green Beans White Bread Sliced Pears	<b>30</b> Chicken Marsala with Sauce Rice Pilaf Broccoli & Cauliflower Wheat Bread Mixed Fruit	<b>SENIOR CENTERS PHONE NUMBERS:</b> <b>Coudersport – 814-274-7887      Galeton – 814-435-2864</b>  <b>Oswayo Valley – 814-697-7178      Ulysses – 814-848-9880</b> <b>**For After Hour Cancellations <u>ONLY</u> Carra - 814-544-4015</b>		